

Breakfast

Healthy Food, Fresh Ingredients
Until 3pm

Garden Hash \$12.95

Finely sliced mushrooms, onions, black beans, spinach, corn, peppers and jalapeños
- Add tofu scramble and pesto \$2.95
- Add two eggs and house made hollandaise \$3.95

The Pork Hash \$16.95

Slow braised all natural pork butt with poached eggs, hollandaise, sauteed fennel, apples and peppers.

Grilled Chicken Hash \$16.95

Chicken, red onion, mixed peppers, mushrooms,, 2 eggs and hollandaise.

The Pastrami Hash \$17.95

Pastrami, red onion, mixed peppers, corn, jalapenos, 2 eggs and hollandaise.

Breakfast Wrap \$13.50

Two scrambled eggs in a sun dried tomato wrap, salsa and your choice of three fillings with a side of hash browns

The Usual \$14.50

Two eggs, hash browns and toast served with your choice of bacon, ham, sausage or avocado

Three Egg Omelette \$13.50

Choose 3 fillings from below, hash browns and toast

Eggs Benny

Two eggs, side hash browns and house made hollandaise
- Bacon, spinach, tomato, and avocado \$15.95
- Smoked salmon and capers \$15.95
- Straight: english muffin and ham \$13.95
- Pulled Pork \$15.95

Smashed Avocado on Toast \$11.95

With tomatoes, extra virgin olive oil and fresh parmesan or feta
- Add two poached eggs and house made hollandaise \$3.95
-Smoked Salmon \$4.45

French Toast

- Icing sugar, syrup & whip \$9.45
- Caramelized apples, pecans & whip \$10.95

House Made Buttermilk Pancake

- Icing sugar, syrup and whip \$7.95
- Caramelized apples, pecans and whip \$9.45

Oatmeal & Friends \$7.95

Choice of raisins, cranberries, pumpkin or sunflower seeds
Choice of soy, almond or cow's milk

Fillings and Toppings

Substitute gluten free bread \$1.50

Jalapeños 50c, onions, peppers, mushrooms, tomato, corn, spinach, feta, parmesan, cheese, toast, black beans \$2.25
bacon, ham, eggs, sausage, shrimp \$2.95

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